CALL FOR ART “MY RETIREMENT”
The Academic Retiree Centre hosts an exhibit on the theme “My Retirement” May 23 to September 27, 2013. UofT retirees are invited to take a page from their personal memory albums to share in a show of photographs of personal significance on the theme of retirement. An optional short text (up to 300 words) may be displayed alongside the image. Submit to academic.retiree@utoronto.ca by April 30, 2013.

ARC “VOLUNTEER APPRECIATION DAY”
All present and past volunteers at ARC will be honoured at a lunch on Thursday, May 9th (by invitation only). Two current ARC volunteers have been with us since our opening on October 1st, 2009.

All are invited to attend the exhibit’s opening reception on Wednesday, May 22, 2-4pm. RSVP online here.

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Leo Zakuta

Before he died of mesothelioma in October 2008, Leo Zakuta, professor emeritus of sociology at U of T, began to gather together and organize his collection of memories, tributes to friends, family notes, and letters (published and unpublished) to various media organs. (He was a meticulous personal archivist, even writing his own death notice and composing a statement to be read at his memorial.) His widow, Annette, has put these together in a book:


Leo Zakuta was born in 1925 of parents who had come to Canada in the 1920s from a shtetl in Svislocz in Russia. He grew up in the intellectual Jewish community of Montreal, where he met Annette. He studied at McGill and took his doctorate from the University of Chicago, writing his doctoral thesis on the Cooperative Commonwealth Federation (CCF) in Ontario. He came to U of T in 1952 as a one-year fill-in and stayed for 33 years. The appointment was to the Department of Political Economy; the Sociology Department was yet to be formed. He loved teaching, embraced undergraduate courses, and insisted on marking all his essays, refusing teaching assistants. He served two terms as associate dean of graduate studies from 1972-1980.

Leo was a forthright and fearless defender of freedom of speech, and a critic of political correctness and quotas in pursuit of diversity within universities. He was outspoken on a range of societal issues including race relations and marriage. His clear and pointed letters, spiced with irony and sometimes sarcasm, make for thought-provoking reading. He was a fine writer of tributes and a “dab hand” at ditties on his friends and acquaintances. His passion for tennis as a participant, and other sports as a spectator, became a mainstay (some said an obsession) of his retirement years.

The tributes to Leo, at his memorial service, and later, which are also included in the book, demonstrate that he was warm, generous and very witty, steely in defending the values that he believed should sustain the university, and society at large.

*Submitted by Christine and John Furedy*
Building Bridges: Sharing Pathways to Work-Life Progress

Sara-Jane Finlay, Director of the Office of the Vice-Provost, Faculty and Academic Life, and Rosie Parnass, Director of ODLC and Quality of Work-Life Advisor, have been instrumental in bringing the conference of the College and University Work-Life-Family Association (CUWFA) to Canada for the first time. The 19th annual conference of CUWFA will be held at the University of Toronto June 5 through 7 at the Chestnut Conference Centre on the theme Building Bridges: Sharing Pathways to Work-Life Progress. Keynote speakers include Professor Linda Duxbury from Carleton University and Professor Lisa Wolf-Wendel from the University of Kansas. On Thursday, UofT retirees Professors Emeritus Ken Rea and Doug Creelman will take part in a panel discussion entitled “Faculty Retirement: A Canadian/US Perspective,” sharing their expertise as long-time members and contributors to retiree activities at UofT through RALUT, ARC and Senior College. A reduced registration fee is available for retirees and those who are willing to help out at the Information Desk can attend some sessions for free. More information on the conference is available at http://www.cuwfa.org/2013-annual-conference. Those interested in helping out at the Information Desk are asked to contact Sara-Jane Finlay at sarajane.finlay@utoronto.ca.

Knox College Summer Program
August 12-16, 2013
(a) Minobimaatisiwin: Aboriginal Knowledge Systems & A Way of Life That is Good For All (Lecturer: Jill Carter)
(b) Religion And Ideology (Lecturer: Alan Davies)

August 19-23, 2013
(c) Science And Faith In Galileo (Lecturer: Domenico Pietropaolo)
(d) McLuhan Misunderstood: Setting The Record Straight (Lecturer: Robert K. Logan)

For more information: http://www.knox.utoronto.ca/summer-program/
Senior College

Winter 2013 Program “extras”

COMING EVENT “How Should We Feed Ourselves?” The first Colloquium will take place on May 9th. Limited space is still available. Please RSVP here.

RECENT EVENTS

*Moose Factory* A Senior College Field Trip to artist Charles Pachter’s home and gallery took place on Thursday, April 4th.

*The Brain and Us*, the 8th Annual Symposium, was well-attended on April 10th at the Faculty Club.

*Be It Unresolved: Thoughts on Canada’s Enduring Issues* The 10th Anniversary gala of University-in-the-Community took place on April 24th at Innis Town Hall.

Jasvir Nijjar, Associate Director, Divisional Relations and Major Gifts, has provided Senior College with stellar service in preparing materials for fundraising and in assisting with the launch of Senior College’s campaign at the April 10 Symposium. One of the necessary pieces for promotion of the College’s programs to potential donors was a “two-pager” for which Jasvir arranged professional photography.
Camelia Linta, Designer/Photographer, Advancement Communications, and Katherine Austin, Account Supervisor, Advancement Communications, met with Harold Atwood, Charles Chaffey, Giuliana Katz, Ruth Pike and Peter Russell at Sidney Smith Hall on March 6th for a photo shoot for fundraising purposes.

Retirement 2.0
Revolutionary Thinking for How Canadians Can Age in Place

The Canadian Urban Institute presented an Urban Leadership Session the morning of March 8, 2013. I attended this session with a view to possibly using what I learn in my work at ARC.

Of the wide variety of presenters, two in particular caught my interest. The first was Dr. Jane Barratt, Secretary General of the International Federation on Ageing. A powerful and entertaining speaker, Dr. Barratt talked about the IFA’s global competition to celebrate age-friendly communities as defined by the WHO. Global Age-friendly Cities: A Guide was easy to find on the web. Later I discovered that Public Health Agency of Canada maintains a website entitled “Age-Friendly Communities.” ARC is now subscribed to the mailing list for the Pan-Canadian Age-Friendly Communities Network. The other speaker that made a huge impression on me was Dr. Geoff Fernie of UofT who “is focused on the development of technology to help people continue to live in their own homes.” One example of his exciting work is a sensor that tracks movement and can raise an alarm when a person has fallen. He also works with Mark’s Work Wearhouse product developers on things like… winter boots that maintain traction on ice. Dr. Fernie is Director for Research at the Toronto Rehabilitation Institute.

Overall, it was interesting to hear just how keen some planners, developers and builders are about age-friendly housing.

All of the presentations have been posted by Canadian Urban Institute on their website here.

Submitted by Pat Doherty
Positive Aging for Boomers & Beyond

A Painless Approach to Pain
May 1, 1 pm, Toronto Reference Library: Baycrest’s Anne Kirstein and Dr. Daphna Grossman discuss the different categories of pain and approaches to dealing with it, including narcotics and myths associated with them.

Live Your Best Life: The Power of Physical Activity
May 8, 2 pm, North York Central Library: Toni Johnston leads an interactive workshop about the importance of physical activity in maintaining independence and quality of life.

Count on Yourself: Take Charge of Your Money
May 13, 2 pm, North York Central Library: Alison Griffiths, author of Count on Yourself demystifies aspects of personal finance and investing. Learn how to navigate your finances.

Maintaining a Positive Mood
May 22, 7 pm, Brentwood: Dr. David Conn, Director of the Centre for Education and Knowledge Exchange at Baycrest and a leader in geriatric psychiatry, provides an overview of mood changes and depression associated with aging. Call 416-394-5247 to register.

Memory Preservation
June 5, 2 pm, North York Central Library: Neurologist and memory loss expert Dr. Sharon Cohen discusses memory and its changes with aging. Learn about new techniques and treatments.

Doug Creelman’s

In addition to the Pension and Benefits help that the University offers for retirees, (http://www.faculty.utoronto.ca/arc/Pension_and_Benefits_Help_for_Retirees.htm), RALUT (Retired Academics and Librarians at the University of Toronto) are offering some one-on-one assistance. On Friday mornings, Doug Creelman, Vice-President and former RALUT Benefits Committee Chair, will be available for helpful, confidential consultation. Come to the Academic Retiree Centre any Friday morning, 9:30 to noon, 256 McCaul Street, just south of College, Suite 412. Or call on a Friday morning (416-978-7553) to talk to Doug.
UNIVERSITY OF TORONTO FACULTY ASSOCIATION

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In Memoriam

Bassili, John  Professor, Dept. of Psychology, UTSC  Notice  March 3, 2013

Marker, Lise-Lone  Professor Emeritus, Theatrical History, Graduate Centre for Study of Drama (later Centre for Drama, Theatre and Performance Studies)  Legacy notice  March 10, 2013

Pomeranz, Bruce  Professor, Emeritus, Dept. of Zoology and Physiology  Globe and Mail  February 15, 2013

Scane, Ralph Edward, Q.C.  Professor Emeritus, Faculty of Law  Toronto Star  April 10, 2013

Wilson, Milton Thomas  Professor Emeritus, Department of English  Globe and Mail  March 22, 2013

Details are posted on the ARC website: http://www.faculty.utoronto.ca/arc/In_Memoriam.htm.
Speakers Bureau

The ARC Speakers Bureau is a branch of the retiree centre that is dedicated to giving back to the community. Interested retirees are asked to please contact ARC to volunteer or for more information.

http://www.faculty.utoronto.ca/arc/Speakers.htm

Credit Due

ARC operates with much community effort and support, and gratefully acknowledges with thanks:

✓ Mary Vohryzek for volunteer help with the Senior College Symposium
✓ Judy Sherk for providing information for the ARCNews and website
✓ RALUT for stocking the kitchen with coffee, tea, sugar and milk on an ongoing basis.

About the Academic Retiree Centre

ARC has comfortable study carrels, secure lockers, and a lounge with kitchenette. It’s a friendly and comfortable space created for UofT retired academics, librarians, and senior administrators. The Centre is open from 9am to 4pm daily with assistance from volunteers and Work-Study students. All are welcome to drop in any week day. Keep in touch by subscribing to the ARC listserv! Email academic.retiree@utoronto.ca to request to be subscribed.

ARC Board of Management

Chair: Edith Hillan, Vice-Provost, Faculty & Academic Life

Co-Chair: Peter Russell, University Professor Emeritus, Political Science

Tom Alloway, President, RALUT

John Dirks, President and Scientific Director, The Gairdner Foundation; Professor Emeritus of Medicine

Sara-Jane Finlay, Director, Faculty & Academic Life

Esme Fuller-Thomson (on leave 2012/13), Professor, cross-appointed to faculties of Social Work, Medicine and Nursing

Robin Healey, Librarian Emeritus, University of Toronto Library

Scott Prudham, President, University of Toronto Faculty Association

TBA x 2

Staff

Pat Doherty, Administrator

Volunteers

Henry Auster, Don Burwash, Tristan Castro Pozo, Douglas Creelman, Cam Easto, Emily (Hong Hua) Li, Alexander Ma, Mary Vohryzek,

ARCNes Submissions

To submit items for publication in ARCNes, forward to Pat Doherty, editor, at academic.retiree@utoronto.ca.

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